

Gardner Board Report - April 27, 2020

Written by Ladda Kosaketh, Gardner Clubhouse Coordinator

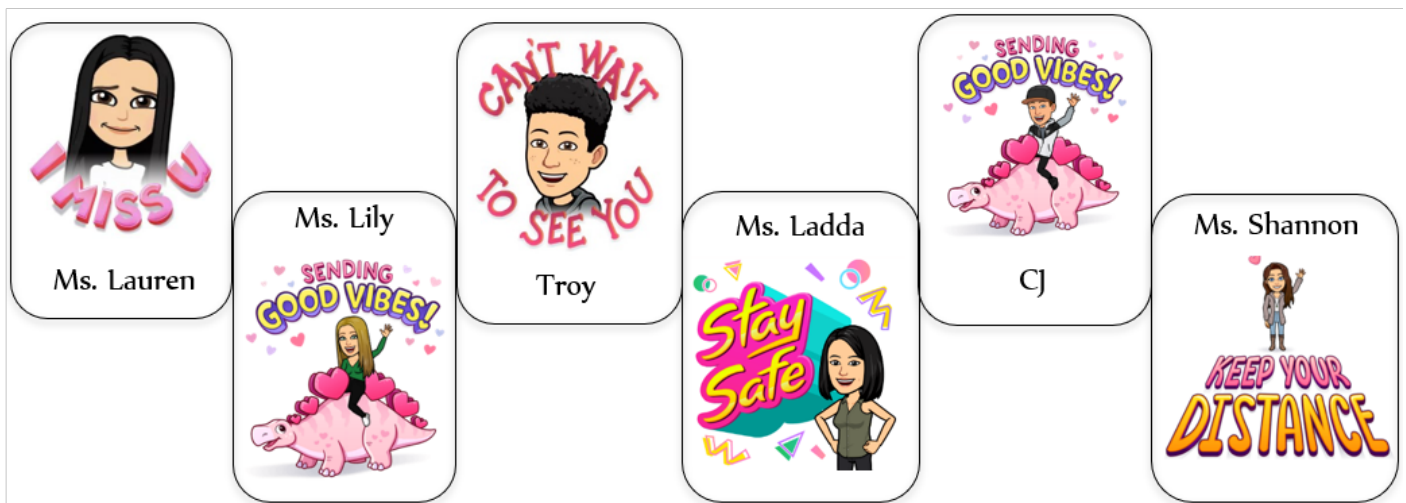
Since the Clubhouse physically closed mid-March, we have been focusing our efforts on helping the youth in our community occupy their time in a safe, productive way through virtual programming and physical supplies. We have also sent letters to the members reminding them that we are here for them, we miss them and that they can have calls with our staff.



Some supplies we collected to donate to Gardner CAC:

- Crayons
- Coloring/activity books
- Storybooks
- Toys.

We included this cute graphic of our staff in the letter we sent to members in the mail:



Here is our virtual program schedule, all programs are implemented through our Facebook page:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00AM	DEAR Time (Drop Everything and Read)	Robotics	Live DEAR Time (Drop Everything and Read)	Robotics	DEAR Time (Drop Everything and Read)
11:00AM	Power Hour	Power Hour	Power Hour	Power Hour	Power Hour
12:00PM	BRAIN SURGE	BRAIN SURGE	BRAIN SURGE	BRAIN SURGE	BRAIN SURGE
1:00PM	Mindful Minute	Career Spotlight	Mindful Minute	Coding with Katerina	Mindful Minute
2:00PM	STEAM Hour	Craft Hour	STEAM Hour	Craft Hour	Gardening
	Power Hour	Power Hour	Power Hour	Power Hour	Power Hour
3:00PM	Survival Skills	Virtual Field Trip	Survival Skills	Virtual Field Trip	Survival Skills
4:00PM	Cooking Hour	Fitness at Home	Cooking Hour	Fitness at Home	Cooking Hour

Program Descriptions:

DEAR Time – Staff read picture books and chapter books during this slot. Kids can read along to the picture books on Mondays. Wednesdays are a live reading on Facebook, read by staff from one of our partners, Mediation Services of North Central Mass, Inc. Liz Coleman trained our peer mediators at the Gardner Clubhouse, she is a familiar face to the children. Fridays are chapter books.

Power Hour – Receive live homework help via Google Hangouts.

BRAIN SURGE – Daily spotlight of STEAM related online games and activities. We highlight specific activities from sites like coolmathgames, Science Kids, Hour of Code and Scratch.

Mindful Minute – This program focuses on sharing mindfulness techniques that help kids manage their emotions.

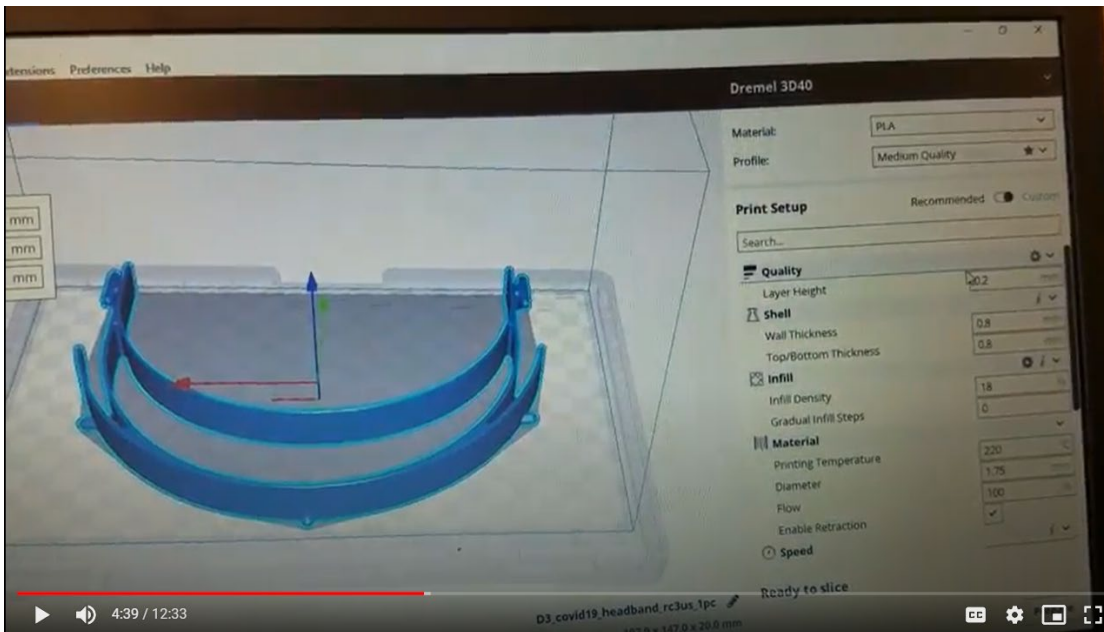
STEAM Hour – Staff make videos showing how to do exciting experiments and activities related to Science, Technology, Engineering, Art and Math. Some recent topics include bridges, catapults, creative lettering, chemical reactions and making clay.

Survival Skills – This program helps kids learn how to stay safe while they engage in common activities like eating meals, camping, swimming at the pool, etc.

Cooking Hour – Staff create videos demonstrating how to make delicious recipes. The kids learn new cooking techniques, recipes, ingredients and foods. Some recent topics have been a turkey dinner, microwave potato chips and strawberry lemonade.



Robotics – Our Robotics Coordinator about the engineering, technology and theories that define modern robotics. Some recent topics have been 3D printing, thinking programmatically, software and Lego robotics.



Career Spotlight – Youth can explore career options by listening to people in the industry through Nepris, an online tool where industry experts upload videos, tours and engage in live videocalls.

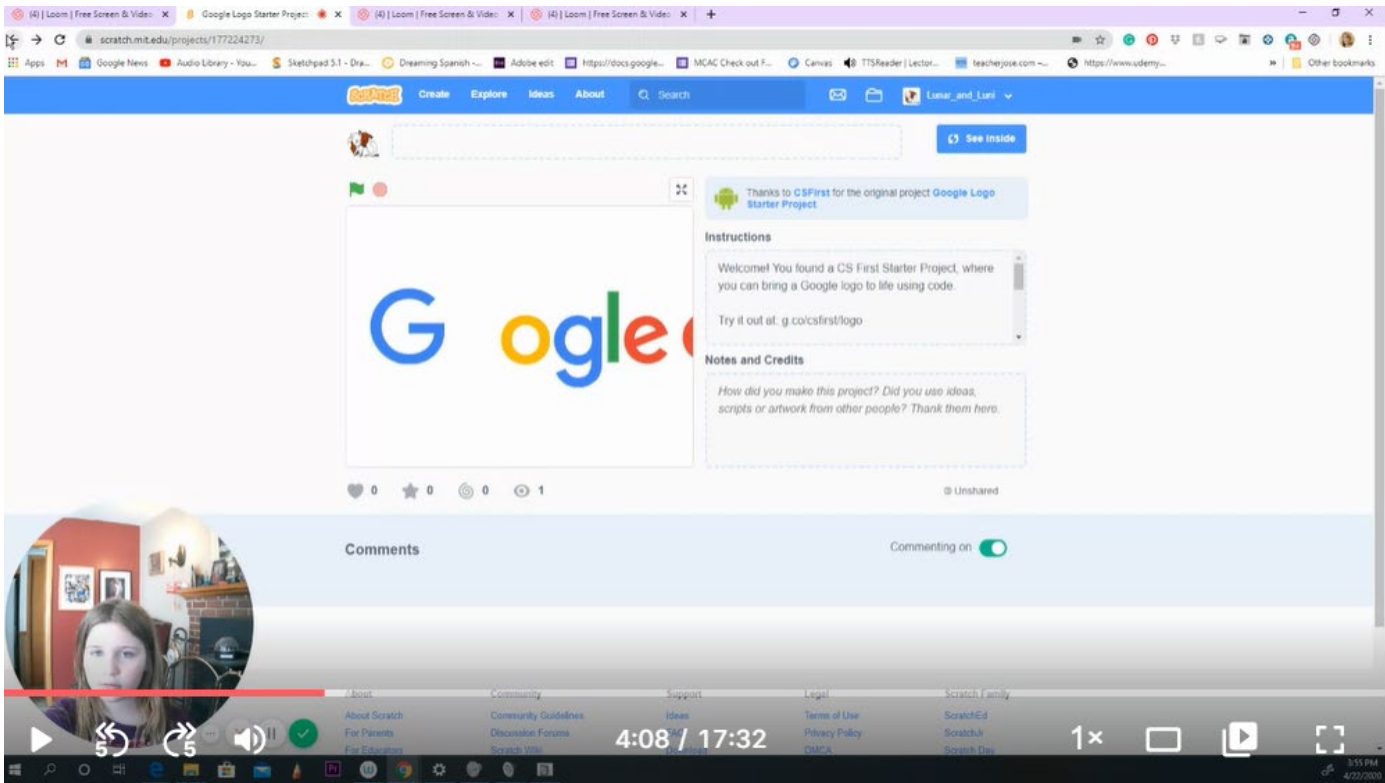
Craft Hour – Staff created videos showing how to make beautiful or practical crafts using common household items. Some recent topics have been bird feeders, decorative ornaments, sock bunnies, foosball, maze and Newton's cradle.



Virtual Field Trip – Youth can take a virtual tour of an exciting place. Some recent topics have been the Wampanoag Homesite and 17th Century English Village at Plimoth Plantation.

Fitness at Home – Our Athletic director posts low impact, cardiovascular exercises to get people moving and their heart pumping for 30-45 minutes.

Coding with Katerina – Katerina, a Leominster Clubhouse member, shows the different techniques she’s learned and projects she’s worked on in Girls Who Code. Her recent video was on remixing the Google logo on Scratch.



Gardening – Our Science instructor is teaching kids and families how to start their own garden at home.